# EXECUTIVE SUMMARY MMWR Week 10: March 8, 2015-March 14, 2015

#### **Current Trends**

- Influenza-Associated Hospitalizations (IAH)\*\*
  - > There were a total of 3 IAH cases reported for this week
  - > IAH cases increased by 50% compared to last week (Week 9)
  - Adults aged 25-44, adults aged 45-64 and adults aged 85 and over each equally accounted for 33.3% of all reported hospitalizations
  - ➤ Males accounted for the highest percentage of all IAH cases at 66.7%
  - ➤ African-Americans represented 66.7% of all IAH cases
  - Cuyahoga County has 16.4% of all IAH cases in Ohio
  - ➤ The City of Cleveland has 6.8% of all IAH cases in Ohio
- Influenza Deaths
  - ➤ There were 0 influenza deaths reported during Week 10 for Cuyahoga County. There have been a total of 43 deaths in Cuyahoga County (15 total deaths in Cleveland) over the 2014-2015 influenza season

#### **IAH Cases: Comparison to Previous Years**

State of Ohio

MMWR Week 40-Week 9, 2014: 2870 MMWR Week 40-Week 9, 2015: 8074

181% increase in IAH cases

• Northeast Region of Ohio

Week 9, 2014: 20 Week 9, 2015: 16

20% decrease in IAH cases

## **Vaccine Information**

- The 2014-2015 trivalent influenza vaccine has been made to protect against H1N1, H3N2, and Influenza B
- Everyone 6 months of age or older should get vaccinated, especially the people listed below:
  - Pregnant women
  - > Children younger than 5, but especially children younger than 2 years old
  - ➤ People 65 years of age and older
  - People of any age with certain chronic medical conditions including:
    - high blood pressure, liver, heart or lung disease, diabetes, asthma, cancer or a weakened immune system
  - ➤ People who live in nursing homes and other long-term care facilities
  - > People who live with or care for those at high risk for complications from flu

## **Prevention Recommendations for Healthcare Professionals and General Public**

- Get vaccinated
- Conduct proper handwashing techniques, and wash hands often
- Cover your mouth and nose when coughing and sneezing
- If you become ill, stay home and follow-up with your doctor and take flu antiviral drugs if your doctor prescribes them

FIAH: Case reporting fluctuations may contribute to an unequal deviation in the number of weekly reported cases.



# March 8th to March 14th, 2015 (MMWR Week 10) Highlights

#### **Influenza Deaths:**

There were a total of 0 influenza deaths reported this week

- No age groups had a death reported
- Influenza deaths accounted for 0% of all deaths reported this week
- The number of influenza deaths stayed the same compared to last week (0 deaths)

Influenza Deaths	Age	Sex	Race	Residence
N/A	N/A	N/A	N/A	N/A

<sup>\*</sup>Underlying medical conditions not applicable. No deaths were reported.

#### **Influenza-Associated Hospitalizations:**

There were a total of 3 influenza-associated hospitalizations reported this week

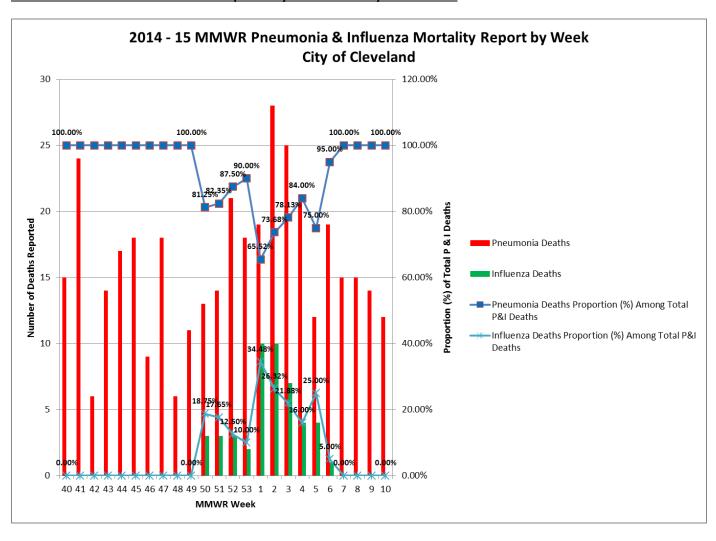
- Adults aged 25-44, adults aged 45-64 and adults aged 85 and over each equally accounted for 33.3% of all reported hospitalizations
- Hospitalizations increased by 50% (↑) compared to last week (2 hospitalizations)
- The average age of influenza-associated hospitalizations was 59 years
- African-Americans accounted for 66.7% of all reported hospitalizations
- Males accounted for 66.7% of all reported hospitalizations; compared to 33.3% for females

Race	Number of Reported	Percentage of Hospitalizations	
	Hospitalizations		
African-American	2	66.7%	
Asian	0	0%	
White	1	33.3%	
Other	0	0%	
Unknown	0	0%	

Sex	Number of Reported Hospitalizations	Percentage of Hospitalizations
Female	1	33.3%
Male	2	66.7%
Unknown	0	0%

Age	Number of Reported Hospitalizations	Percentage of Hospitalizations
0-14 years	0	0%
15-24 years	0	0%
25-44 years	1	33.3%
45-64 years	1	33.3%
65-74 years	0	0%
75-84 years	0	0%
85 years and older	1	33.3%
Age not reported	0	0%

#### Pneumonia and Influenza Mortalities Reported by Week in the City of Cleveland:

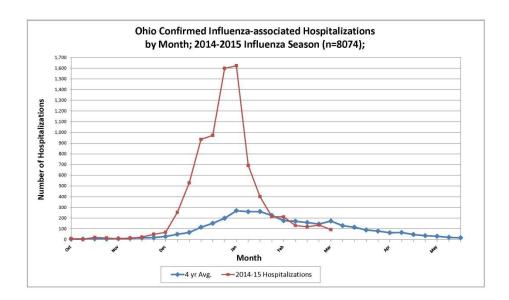


Created by: CDPH Office of Communicable Disease Surveillance and Epidemiology
Data Sources: CDPH Office of Vital Statistics, Ohio Disease Reporting System (ODRS), Ohio Department of Health, Centers for Disease Control and Prevention. Version Date: 03.17.2015

<sup>\*\*</sup>IAH: Case reporting fluctuations may contribute to an unequal deviation in the number of weekly reported cases.

#### Confirmed Influenza-Associated Hospitalizations (IAH) by Month for the State of Ohio:

- There have been a total of 8074 influenza associated hospitalizations in the State of Ohio as of March 7<sup>th</sup>, 2015
- Cuyahoga County has 1322 out of the 8074 influenza associated hospitalizations (16.4%)
- The City of Cleveland has 548 out of the 8074 influenza associated hospitalizations (6.8%)



#### National IAH Data from CDC for MMWR Weeks 40-9 (March 1, 2015 to March 7, 2015)

- Overall hospitalization rate was 55.7 per 100,000 population
- The highest rate of hospitalization was among adults aged ≥65 years (277.9 per 100,000 population), followed by children aged 0-4 years (49.5 per 100,000 population)
- Among all hospitalizations, 93.3% were associated with influenza A, 5.8% with influenza B, 0.4% with influenza A and B co-infection, and 0.5% had no virus type information
- Among those with influenza A subtype information, 99.7% were H3N2 virus and 0.3% were 2009 H1N1
- The majority (93.2%) of hospitalized adults had at least one reported underlying medical condition; the most commonly reported were metabolic disorders, cardiovascular disease, and obesity
- The most commonly reported underlying medical conditions among pediatric patients were asthma, neurologic disorders and obesity
- A total of 104 influenza-associated pediatric deaths have been reported during the 2014-2015 season from 32 states; Ohio is one of these states with 6 pediatric deaths

#### National IAH Data from CDC for MMWR Week 9 (March 1, 2015 to March 7, 2015)

• During week 9, 7.6% of all deaths reported through the 122 Cities Mortality Reporting System were due to Pneumonia & Influenza (P&I)

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