MHRAC 2024 End of Year Survey Results:

*16 responses out of 22 appointed members- sent to everyone who has been involved not just appointed members

1. How do you feel about MHRAC this year (2024?) with 1 being awful and 10 being loved every second!
   - Avg. Rating: 6.63 with 8 , 7, 6 all having 4 votes, with no 10's and no 1's

2. Do you want to remain an appointed member of MHRAC for 2025? Are you able to commit?
   - 12 people said yes, 2 said maybe, 1 person didn't answer, 1 person was not appointed.

3. If you are not an appointed member do you wish to become one if we have an opening?
   - 2 people said yes and 1 said no, 12 people said they were appointed.

4. Have you attended every MHRAC full body meeting this year?
   - Half said yes and half said no

5. If not, why?
   - Most people said they only missed 1, or the basic consensus it was due to scheduling conflicts which might mean MHRAC falls below some other important meetings, or people put this lower on their priority list.

6. Do you like the current structure of our Full Body Bi Monthly MHRAC meetings?
   - 13 people said yes, 1 per said no, 2 people said its alright

7. Suggestions, recommendations and feedback here please!
   - "I don't believe that splitting into small breakout groups each time is helpful. I also feel that overall, there is a lack of participation and that participation is consistently among the same few people."
   - "Identify a co chair in order to have a more collaborative process. Meetings are driven by one person and greater collaboration is needed"
   - "Since we meet every 2 months, maybe, it's better to make each meeting A 90-minute / 1.5-hour meeting to give us enough time to go through agenda items and discussions. If we finish a meeting less than 90 minutes, all right, we adjourn the meeting early. But, really dislike we have to rush through the meeting when we have serious issues or questions to resolve!"
   - "I think it would be helpful to have the key phrases of the purpose/charge of MHRAC at the top of each agenda. It's easy for people to reach too far because the topics are rich and they want to accomplish so much. Same approach could be used for sub-committees."

8. Do you like the breakout room options?
   - Yes: 13

- No: 3

9. Do you have any suggestions for the breakout rooms? Would you like more say in what we discuss in that space? Do you prefer that I come up with the topics?
   - "I feel like the breakout rooms further decrease participation."
   - "i like when there is structure to breakout groups - clear expectations of the discussion and what we should be bringing back to the full group. Too often I feel like once folks are in a breakout group, nobody knows what we are supposed to be talking about"
   - "We could have people email topics to discuss and then we could vote on them in the meeting. The top 3-4 could happen at the next meeting. This may make people feel more engaged."
   - "I think you are doing a great job with breakout rooms. Yes, it is a good idea to have the topics ahead of time."
   - "It does serve purpose if we need to have multiple discussions at the same time and the Total meeting time itself is ample!"
   - A series of people liked the topics so far and are okay with me choosing them, I person prefers I choose them.
   - 'I would love to increase the dynamism of that space'

10. What subcommittees do you take part in?
    - Training: 8
    - Youth: 2
    - Community Engagement: 7
    - Data and Growth: 10

11. How do you like the Training Subcommittee if you attend? 1 being I don't like it very much and 5 being I like everything about it
    - Avg. Rating: 4.33

12. How do you like the Youth Subcommittee if you attend? 1 being I don't like it very much and 5 being I like everything about it
    - Avg rating: 4.00

13. How do you like the Data and Growth Subcommittee if you attend? 1 being I don't like it very much and 5 being I like everything about it
    - Avg. Rating: 3.58

14. How do you like the Community Engagement Subcommittee if you attend? 1 being I don't like it very much and 5 being I like everything about it
    - Avg. Rating: 3.00

15. Open comments for your ratings on subcommittees. Any suggestions, likes or dislikes?

- "As part of the D&G, I believe we need to actually do more work with data and dissemination. We didn't actually disseminate any data until nearly the end of the year."
- "There has not been a lot accomplished in the subcommittees with a few exceptions."
- "I think both the Training and Data and Growth meeting are good meetings but due to a schedule conflict, I haven't been able to attend many of the Data and Growth meetings."
- "The schedules of the Sub-Committees have to be revised!"
- "The community engagement is hard to move along without funding in order to buy supplies/materials to have at events or to fund events"
- I just wish I had more time to commit to this work.
- I feel hopeful about the direction that the Youth Subcommittee is heading.
- I think the committees were well thought out.
- leadership turnover was tough.

16. We have had a lack of engagement from members in our community engagement subcommittee… any thoughts as to why?
    - **"This seems to be a problem across the board."**
    - **"The majority of the work is done by a select few. People may not have the time or desire to do actual work."**
    - "Talk to mhrac members to talk about what committees are needed, function, etc"
    - **"Not clear on duties/roles and lack of funding to make certain things happen. Lots of ideas but no follow through or implementation"**
    - "May be helpful to consult the CIT core elements to identify some specific items to be addressed by the group."
    - **"The difficulty of doing anything to engage the community with a budget of $0?"**
    - i am not part of this subcommittee, although if my schedule did allow it, it is something i would like to be part of.
    - I am not able to add additional meetings to my calendar and thus, have not attended this subcommittee's meetings. I suspect other MHRAC members are in a similar situation.
    - **"it got bogged down and repetitive. Not enough actual engagement."**

17. Any ideas on what MHRAC could focus on for next year?
    - Data indicates that there's an increase in youth CIT calls (and youth calls across the board). CIT officers are engaging more youth in crisis. This could also be something relevant to training and community engagement.
    - Co chair for mhrac
    - "Paragraph 135 in the Consent Decree, "On an annual basis, the Advisory Committee will conduct an analysis of crisis intervention incidents to determine whether CDP has enough specialized CIT officers,…" (x2)
    - "Where we fit best into the puzzle"
    - Is it time for another Peer Review of the CDP CIT program? That process provides ratings on the CIT core elements and recommendations for next steps.

- Getting a grant!
- Continued ideation and planning about how best to engage impacted community members and their families/loved ones.
- More outreach

18. Any other questions comments concerns you wish to pose!
    - I think we need to continue to work to increase participation and engagement in MHRAC.
    - **We need to figure out a better way to get feedback from members. When we have a policy, or something that needs to be reviewed, there is rarely any comments or thoughtful suggestions.**
    - We need to adjust the Sub-Committee schedules for sure!
    - Angela does a very nice job of managing content and time.

Summary:

1. Moving to 90 minute meetings: but close out meeting early if done early, allows us to not rush and hold more robust conversation.
2. Break out rooms: not every full body meeting, but make sure there are prompts/questions under each topic so there is more structure and have someone leading and taking notes in each
   a. Most people enjoy them.
   b. Someone suggested emailing topics. Every meeting it is made clear that if anyone has suggestions to please email me or send me a quick text! This was ALWAYS open to people.
   c. Someone said they want to 'increase the dynamism of this space' … if you're brave- what did you mean?
3. Adding a co-chair or more persons to lead full body instead of just 1 person.
4. Someone was critiquing my survey throughout (LOL) please volunteer to help me. These are pretty informal just to get a taste. IF we believe these need to be more formal please let me know!
5. Adding better goals and objectives to full body and each subcommittee to keep people on track.
   a. Angela is working to add more information to the MHRAC website for each subcommittee to keep everyone apprised of what is happening and where we are at.
6. Subcommittees:
   a. D & G working on the data piece- it took us 4 months to decide on the topic.
   b. Leadership and chair turnover was an issue
   c. Schedule is an issue- should we revise our SubC times? Which ones?
   d. Need funding to continue some work under community engagement.
   e. Engagement in subcommittee's comments
7. We need to figure out a better way to get feedback from members. When we have a policy, or something that needs to be reviewed, there is rarely any comments or thoughtful suggestions.
8. MHRAC focus for 2025 suggestions:
   a. Data indicates that there's an increase in youth CIT calls (and youth calls across the board). CIT officers are engaging more youth in crisis. This could also be something relevant to training and community engagement.
   b. "Paragraph 135 in the Consent Decree, "On an annual basis, the Advisory Committee will conduct an analysis of crisis intervention incidents to determine whether CDP has enough specialized CIT officers,…" (x2)
   c. Funding for MHRAC
   d. "Where we fit best into the puzzle"- (I'm assuming this means in regards to consent decree, city structure, and CPC.)
   e. Time to conduct another Peer Review of the CIT Program – NEOMED
   f. Continued ideation and planning about how best to engage impacted community members and their families/loved ones and more outreach in general.